



**BEGIN PATH**

# **Healthy Team 101:**

*How To Be An Ideal Team Member*

**Lesson 1: Humble**

*“Humility is the single greatest and most indispensable attribute of being a team player.”*

*Patrick Lencioni, [The Ideal Team Player](#)*

Signs of the “arrogant” lack of humility...

Signs of the “arrogant” lack of humility...

**They value their own success over the team's success.**

Signs of the “arrogant” lack of humility...

**They seek attention and credit for what they've done.**

Signs of the “arrogant” lack of humility...

**They discredit or don't acknowledge what others have contributed.**

Signs of the “arrogant” lack of humility...

**They aren't willing to learn and grow or be challenged.**

Signs of the “arrogant” lack of humility...

**They aren't willing to learn and grow or be challenged.**

*It's a sense of "I've arrived."*



Signs of the “arrogant” lack of humility...

**They're too focused on their own accomplishments to recognize others' accomplishments.**

Signs of the “arrogant” lack of humility...

**They're too focused on their own problems  
to recognize others' problems.**

The contribution of their talent will be overshadowed by the corrosion their attitude is causing within the worship ministry.

*“These are the people who **lack self-confidence** but are generous and positive with others. They tend to discount their own talents and contributions, and so others mistakenly see them as humble.”*

*Patrick Lencioni, **The Ideal Team Player***

*“Truly humble people do not see themselves as greater than they are, but neither do they discount their talents and contributions.”*

*Patrick Lencioni, [The Ideal Team Player](#)*

*"Humility isn't thinking less of yourself, but thinking of yourself less."*

C.S. Lewis

How the person with a “lack of confidence” hurts the team...

**They don't assert their opinions and ideas  
when they should be.**

How the person with a “lack of confidence” hurts the team...

**They have something of value to give, but  
they don't give it.**



How the person with a “lack of confidence” hurts the team...

**They don't call out others' poor behavior  
because they feel inferior.**

How the person with a “lack of confidence” hurts the team...

**They don't call out others' poor behavior  
because they feel inferior.**

Signs of the “lack of confidence” ...

**A lot of self deprecating humor.**

Signs of the “lack of confidence” ...

**A sense of not belonging or fitting in the on  
the team, or that their contribution to the  
team is insignificant.**

Signs of the “lack of confidence” ...

**A lot of negative self-talk.**

Our confidence should ultimately flow from who we are in Christ.

*I pray that your hearts will be flooded with light so that you can understand the **confident hope** he has given to those he called—his holy people who are his rich and glorious inheritance.*

Ephesians 1:18 (NLT)

# 10 Symptoms of the MEs

1. Showing up late.



# 10 Symptoms of the MEs

## 2. Showing up unprepared.

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*"I'm good enough to wing it..."*

# 10 Symptoms of the MEs

**3. Not showing up at all to rehearsal (but still expecting to participate on Sunday).**

# 10 Symptoms of the MEs

4. Getting tweaked when someone else is given a lead part, solo, etc.

# 10 Symptoms of the MEs

5. Getting territorial when a new person joins the team.

# 10 Symptoms of the MEs

6. Gossiping about another person.

# 10 Symptoms of the MEs

## 7. Seeking validation.

# 10 Symptoms of the MEs

8. Not wanting a Sunday off (unless I'm on vacation or I'm just tired).



# 10 Symptoms of the MEs

## 9. Get upset when the status quo gets upset.

People suffering from the MEs don't often like change, *unless it clearly benefits them.*

# 10 Symptoms of the MEs

**10. Sees or hears a list like this one and thinks the writer is a complete MORON.**

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**10. Sees or hears a list like this one and thinks the writer is a complete MORON.**

# Practical Steps To Deal With a Lack of Humility

## 1. Acknowledge

# Practical Steps To Deal With a Lack of Humility

## 2. Ask

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Ask the Holy Spirit to help you deal with that issue in the moment.

# Practical Steps To Deal With a Lack of Humility

## 2. Ask

Ask God to reveal to you the root of this issue, so you can deal with the cause, and not just the symptom.

# Practical Steps To Deal With a Lack of Humility

## 3. Act



# Practical Steps To Deal With a Lack of Humility

## 3. Act

Compliment others.

# Practical Steps To Deal With a Lack of Humility

## 3. Act

Share credit and praise.

# Practical Steps To Deal With a Lack of Humility

## 3. Act

Hold your tongue when you want to lash out or talk about someone.

# Practical Steps To Deal With a Lack of Humility

## 3. Act

Admit mistakes and weaknesses.

# Practical Steps To Deal With a Lack of Humility

## 3. Act

Act confidently when you lack self-confidence.

# Practical Steps To Deal With a Lack of Humility

## 3. Act

Through acting as if you have confidence you'll actually *experience what it feels like to be confident* in the authority that God's given you and walk in the truth about who you are.

# Practical Steps To Deal With a Lack of Humility

## 4. Accountability

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Be willing to offer accountability and be the "blindspot alert" for others on your team if they ask.



*“Whoever wants to be first must take last place and be the servant of everyone else.”*

Mark 9:35 (NLT)